

# BOOKS FOR EDUCATORS WHO ARE ASSISTING GRIEVING CHILDREN IN SCHOOLS

- | <u>TITLE</u>  | <u>AUTHOR</u>                      |
|---|------------------------------------|
| <b><u>A BOOK FOR YOU, FROM KIDS LIKE YOU*</u></b><br>A workbook for kids grieving a death in the family. Includes drawings and quotes from Fernside children. Discusses feelings, worries, school, changes and memories. Available for purchase.  | <b>Fernside</b>                    |
| <b><u>A STUDENT DIES, A SCHOOL MOURNS DEALING WITH DEATH AND LOSS IN THE SCHOOL COMMUNITY*</u></b><br>Examines and explains grief reactions in students and staff and factors that affect these reactions. Provides a guide for developing a death-related crisis response plan.  | <b>Ralph L. Klicker</b>            |
| <b><u>ACTING IT OUT*</u></b><br>74 short plays for starting discussions with teenagers. Variety of topics: Death and Dying. Decision Making, Home Life, Relationships, School, Suicide, etc.  | <b>Joan Sturkie, Marsh Cassady</b> |
| <b><u>ACTING IT OUT JUNIOR*</u></b><br>Discussion starters for 10-13 year olds. Variety of topics: Communication, Death and Dying, Goals, etc.  | <b>Joan Sturkie, Marsh Cassady</b> |
| <b><u>BEREAVEMENT AND SUPPORT: HEALING IN A GROUP ENVIRONMENT*</u></b><br>A guide to setting up and running a grief support group.  | <b>Marylou Hughes</b>              |
| <b><u>BUT I DIDN'T SAY GOODBYE FOR PARENTS AND PROFESSIONALS HELPING CHILD SUICIDE SURVIVORS</u></b><br>For parents or professionals who are supporting a child who has experienced a death by suicide. Uses storytelling and discussion aides so children can process their own story. Includes a variety of resources for awareness and prevention. | <b>Barbara Rubel</b>               |
| <b><u>CARING FOR A GRIEVING CHILD ENGAGING ACTIVITIES FOR DEALING WITH LOSS AND TRANSITION*</u></b><br>A guide for professionals to help parents identify emotional and behavioral changes in children following a death.   | <b>Martha Wakenshaw</b>            |
| <b><u>CHILDREN MOURNING, MOURNING CHILDREN*</u></b><br>This book discusses three basic themes: how children view death and react to death, the differences and similarities between child/adolescent grief and adult grief and the significance of support while they grieve.   | <b>Kenneth J. Doka</b>             |
| <b><u>DEATH AND THE CLASSROOM*</u></b><br>A textbook for situations in which a teacher and faculty come face-to-face with death in the school setting.  | <b>Cassini &amp; Rogers</b>        |
| <b><u>ENCOUNTERING DEATH*</u></b><br>This book provides activities that will help class members confront death and dying in a more personal manner.   | <b>Ira D. Welch, et al</b>         |
| <b><u>FERNSIDE IDEA BOOK*</u></b><br>A guidebook for working with children and adults in an individual or group setting. Over 180 expressive arts activities address a variety of grief-related themes and offer guidelines and follow-up ideas. Available for purchase.  | <b>Fernside</b>                    |
| <b><u>GOOD GRIEF FOR KIDS</u></b><br>A journal to help children cope with their grief during times of loss. Includes a reference section for parents, teachers and caregivers with suggestions for working with grieving children.  | <b>Katherine Dorn Zotovich</b>     |
| <b><u>GRIEF COMES TO CLASS</u></b><br>A helpful book for teachers in explaining children's understanding of death and helping them deal with their feelings when grief comes to the classroom.  | <b>Majel Gliko-Braden</b>          |

**GRIEF IN CHILDREN: A HANDBOOK FOR ADULTS**

**Atle Dyregrov**

Explains children's understanding of death at different ages and how adults around them can best help them cope.

**GUIDING YOUR CHILD THROUGH GRIEF**

**James P. & Mary Ann Emswiler**

This book covers grief for children of all ages. Includes a suggested reading section that's divided into categories by age group and another section on tips for school personnel. Gives useful advice in small, easy to read sections.

**HELPING CHILDREN COPE WITH THE LOSS OF A LOVED ONE**

**William C. Kroene**

A guide for parents, educators and concerned adults who are helping a child cope with death. Explains how children perceive and react to a death at different ages and how to respond to the different ages and stages.

**HELPING CHILDREN COPE WITH SEPARATION AND LOSS**

**Claudia Jewett Jarratt**

Provides practical information for family members and helping professionals who are helping children who have suffered a loss. Covers death, divorce, illness and other challenges.

**HELPING CHILDREN GRIEVE AND GROW  
A GUIDE FOR THOSE WHO CARE\***

**Donna O'Toole**

Answers basic questions about how to talk to children who have had a death and offers additional resources.

**HELPING CHILDREN GRIEVE: WHEN SOMEONE THEY LOVE DIES**

**Theresa M. Huntley**

This book helps adults talk to children by nurturing their faith and building their emotional strength. It explains common reactions to death seen in kids of all ages.

**HELPING KIDS COPE**

**Fairview Health Services**

**WHEN A LOVED ONE IS SICK AND PREPARING TO DIE**

A booklet containing advice on how to help kids cope with a terminal illness. Include the tools an adult needs to support children before, during and after a death.

**LIFE AND LOSS: A GUIDE TO HELP GRIEVING CHILDREN\***

**Linda Goldman**

A guide to help you recognize and understand different types of childhood losses and to use techniques of griefwork to help children.

**LIFE CYCLE**

**Jeanne Lagorio**

**CLASSROOM ACTIVITIES FOR HELPING CHILDREN LIVE WITH DAILY CHANGE AND LOSS\***

A workbook designed to help educate and improve a teacher's ability to assist grieving children at school.

**LIVING WITH GRIEF AFTER SUDDEN LOSS\***

**Kenneth J. Doka**

A valuable guide to those working in the field of death and dying, especially for those dealing with traumatic loss.

**RAISING OUR CHILDREN TO BE RESILIENT: A GUIDE TO HELPING  
CHILDREN COPE WITH TRAUMA IN TODAY'S WORLD**

**Linda Goldman**

This book addresses the many frightening events that affect children. Includes trauma resolution techniques and case studies. Also includes discussions of the roles played by parents, teachers and the community to help children who have been traumatized.

**TALKING WITH CHILDREN AND YOUNG PEOPLE  
ABOUT DEATH AND DYING\***

**Mary Turner**

A workbook for adults to read with children and adolescents to help them cope with death and dying.

**WHEN CHILDREN GRIEVE\***

**John W. James, Russell Friedman & Dr. Leslie Matthews**

For adults to help children deal with death, divorce, pet loss, moving and other losses.

**WHAT DOES THAT MEAN?\***

**Harold Ivan Smith, Joy Johnson & Janet Sieff**

A dictionary of death, dying and grief terms for grieving children and those who love them.

\*Indicates item is available in the Fernside Resource Center. Materials may be borrowed. Please call for information.