

BOOKS FOR GRIEVING TEENS

<u>TITLE</u>	<u>AUTHOR</u>
<u>THE CREATIVE JOURNAL FOR TEENS</u> Offers easy techniques for journal writing that enable expression of feelings and self understanding.	Lucia Capacchione
<u>CHILL AND SPILL JOURNAL*</u> & A journal that offers a combination of writing and drawing exercises that will help explore what's going on inside your head.	Steffanie Lorig Jeanean Jacobs
<u>FACE AT THE EDGE OF THE WORLD*</u> Haunted by Charlie's suicide, Jed sets out to retrace his best friend's last weeks and discovers why Charlie did it.	Eve Bunting
<u>FACING CHANGE: FALLING APART AND COMING TOGETHER AGAIN IN THE TEEN YEARS*</u> A book about loss and change for teens.	Donna O'Toole
<u>FIRE IN MY HEART, ICE IN MY VEINS*</u> This is a best selling journal for teenagers who have experienced the death of someone they cared for.	Enid Samuel Traisman
<u>THE GRIEVING TEEN: A GUIDE FOR TEENAGERS & THEIR FRIENDS</u> In brief sections, teens learn what others have faced during the death or the loss of someone they cared for, whether the cause was old age, violence, suicide or through accident or illness.	Helen Fitzgerald
<u>THE HEALING YOUR GRIEVING HEART JOURNAL FOR TEENS*</u> This journal affirms the grieving teen's journey and offers guidance. Teens are prompted to explore open-ended questions to help sort through their questions and feelings.	Alan D. Wolfelt, PhD
<u>HELPING TEENS COPE WITH DEATH</u> Center An immensely useful book that explains common grief reactions of teenagers and offers advice for parents on supporting teens in grief – with helpful hints on handling the holidays and anniversaries.	The Dougy
<u>I WILL REMEMBER YOU: A GUIDEBOOK THROUGH GRIEF FOR TEENS</u> This book helps teens explore their choices about grief, that there are no rules and that it is what you make it. Includes sections entitled, "50 Ways to Remember," and "Why It's Different for Teens."	Laura Dower
<u>MOTHERLESS DAUGHTERS</u> Highly recommended. This book explores the impact of the loss of one's mother on women of all ages.	Hope Edelman
<u>PART OF ME DIED, TOO*</u> 11 true stories about children/adolescents who faced the death of a loved one, and how they began to rebuild.	Virginia Lynn Fry
<u>RECOVERING FROM THE LOSS OF A SIBLING</u> This book addresses the questions, fears and feelings of surviving siblings of all ages.	Katherine F. Donnelly
<u>SAYING GOODBYE WHEN YOU DON'T WANT TO: TEENS DEALING WITH LOSS</u> Teens find encouragement and hope in these stories by peers who share their pain from deaths of parents, siblings and friends. Also includes stories on many other causes of grief.	Martha Bolton
<u>STRAIGHT TALK ABOUT DEATH FOR TEENAGERS: HOW TO COPE WITH LOSING SOMEONE YOU LOVE*</u> With brief entries such as "Accidental Death," "Self-Inflicted Death," "Talking," "Crying," and "Going Nuts," Grollman offers advice and answers questions that teens are likely to ask themselves when grieving a death.	Earl Grollman
<u>TEENAGERS FACE TO FACE WITH BEREAVEMENT*</u> 17 young adults discuss the deaths of parents, siblings and friends.	Karen Gravelle, et al

*Indicates item is available in the Fernside Resource Center. Materials may be borrowed. Please call for information.