



Fernside is a non-profit organization serving bereaved children and their families from the Cincinnati Tri-state area. Fernside offers support and advocacy to grieving children and their families and increases community awareness of children's grief issues.

Camp Erin-Cincinnati Teen Retreat offers opportunities for physical, emotional and intellectual grief work through interactive group experiences, physical challenges and outdoor adventures.

Fernside's contact information:  
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www.fernside.org

## Support



Camp Erin-Cincinnati Teen Retreat 2010 is sponsored in part by the Moyer Foundation.

## Accommodations

Camp Erin-Cincinnati Teen Retreat 2010 will be held at YMCA Camp Kern. Camp Kern is located in Oregonia, OH about 10 minutes north of Kings Island.

## Counselors

The Teen Retreat staff is composed of staff and volunteers from Fernside. All volunteers have special training in children's grief issues.

## Activities

The environment will be one of learning, fun and enjoyment. This is accomplished by small group discussions and activities led by staff and volunteer facilitators. Participants also will be able to enjoy:

- high ropes course
- expressive arts activities
- campfires
- other fun activities

*All activities will be closely supervised.*

## Goals

- To provide a weekend retreat experience for youth ages 13-18 who are grieving the death of a family member or friend using expressive arts and physically challenging adventures in an outdoor setting.
- To provide sharing groups and related activities that promote positive self-esteem, encourage safe expression of feelings, and identification with peers.
- To provide youth the opportunity to interact with other grieving teens; resulting in a decreased sense of isolation.

Here is what former participants and their parents/guardians have said about the Teen Retreat:

- "It opened up Justin's thoughts about his mother's death."
- "It was a great experience and a must for any child with a loss of a loved one."
- "I liked making new friends and making positive progress with the death of my dad."
- "It was awesome; I had the time of my life."

## Registration

The 2010 retreat session will begin at 9:30am on **Saturday, April 24<sup>th</sup>** and finish at 2:30pm on **Sunday, April 25<sup>th</sup>**.

Retreat participants must be grieving the death of a family member or friend. A retreat can elicit strong feelings in some individuals. Fernside staff will screen all applicants for appropriateness and readiness for the retreat experience. Attendees are accepted based on this review and space available.

Completed registration packets must be received by April 9, 2010. There is no cost for the retreat, donations are appreciated.

## Information

For more information and a registration packet please call Fernside at (513-745-0111).

Fernside does not discriminate against anyone on the basis of race, color, religion, gender, national origin, age, disability, sexual orientation or other improper bases.

# Camp Erin- Cincinnati Teen Retreat April 24-25, 2010



*“The Amazing Race..  
The hardest race of your life.”*

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**A Teen Retreat for  
Grieving Youth Ages 13 to 18**

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Supporting Children and Families Through Grief  
An Affiliate of Hospice of Cincinnati, Inc.