Join our 2013 events benefiting Fernside!

**Hospice of Cincinnati & Fernside**

**SUMMERTIME CLASSIC**

**May 4 & 5**
Walk or run & collect pledges for Fernside.

**May 19 & 20**
Fernside’s Signature Dinner & Golf Classic
Sponsor the event or donate an auction item.

**M.M.**
**MODERN MAKERS**

**May 29, 6-8 pm**
Fernside art display & local artist auction
Free & open to the public!

For more information, contact Fernside at 246-9140 or maddy_shumaker@trihealth.com

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**Gifts from the Heart…Families Give Back in a Big Way**

**Hi Clubessential,**

My name is Cameron Welte, my Daddy, JJ works with all of you. We would like to nominate Fernside for the 2012 non-profit organization that Clubessential will donate $500 to.

As most of you know my Mommy, Jenny, passed away earlier this year. After Mommy passed away, Daddy was a mess and was trying to figure out how to help me. A friend of Daddy’s called and recommended Fernside. He said that he had gone to Fernside after his Daddy passed away when he was in high school.

Daddy took me to Fernside and I met a bunch of other kids like me who had Mommy’s or Daddy’s that had also passed away. We did lots of crafts and did a really cool puppet show and I was the lion! ... I loved going to Fernside!

I really hope that Clubessential chooses Fernside this year so that the $500 will go to help other kids like me.

Thanks!

Cameron Welte

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**Jim Perry attended Fernside in 1996 with his three children, Luke, Spencer and Austin, after his wife Kitty died from cancer. Sixteen years later Jim married Shirley Waters in November 2012. In lieu of wedding gifts, Jim and Shirley asked friends to donate to their favorite charities. Their generous friends honored them by donating over $1,500 to Fernside!**

“Jim and I would like to offer a photo with the kids since they are so awesome and truly benefited from Fernside so much when their mom died in 1995.”

– Shirley Perry

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See Page 3 for more gifts from the heart!
Fernside works with Cincinnati agencies to provide grief support

Hamilton County Juvenile Court Youth Center
In July we piloted a program at the Hamilton County Juvenile Court Youth Center, providing a 6-week grief support group for young people who are incarcerated. Youth reside there while awaiting adjudication or transfer to other facilities. Robin Craig reached out to Fernside and we were able to customize our program for this special population.

Cincinnati Human Relations Commission
Fernside provided grief training for the Cincinnati Human Relations Commission staff and Outreach Street Teams. CHRC works to make Greater Cincinnati a safe, energetic, livable community of citizens that work together to overcome prejudice and build mutual respect. Their Street Outreach Workers partner with law enforcement and other social service agencies to reduce violence.

Surviving Grief...There’s an App for That!
At Fernside we’re always thinking of new ways to serve grieving children and adults and with a long, successful history of serving children and teens at camp, we thought why not adults? As part of our expansion in programming through the Goldstein Family Hospice of Cincinnati and Fernside Grief Center, adults ranging in age from 30-67 participated in our first ever Adult Retreat which was held last October at Camp Joy. We wanted the adults who attended to be able to interact with their peers in a setting where they were the primary focus and to be able to take a break from their daily routines and responsibilities.

“I just wanted to say again how thankful I am to have attended the weekend. I left feeling so refreshed and ‘lighter.’ In dealing with emotions triggered by the losses within my family, the time spent with others sharing similar, yet uniquely different feelings did provide comfort in the sense that we could all understand how we all felt. I respect how Hospice and Fernside embrace that and provide comfort to those of us needing help dealing with our losses. The retreat has made a big impact for me going forward in addressing my emotions day by day.”
– Thank you again for organizing this incredible retreat!
Suzanne Wilson

Mark Your Calendar!
It’s time to start planning...
Summer Camp: A Space Adventure...Exploring a Galaxy Called Grief  July 26 thru July 28 | Children ages 7-12

Teen Retreat: Living with Loss...Lyrics for Your Life  April 20 thru April 21 | Teens ages 13-18

For more information about registration or to sponsor a camper, call or email Sally at sally_ries@trihealth.com.
Development News

More Gifts From the Heart... Fernside Families Give Back

Fernside alum Beth Myers Graham is the 2013 Chair of the Hospice of Cincinnati & Fernside Summertime Classic. Beth and her family attended Fernside after the death of Beth’s mother, Charlotte Myers, in 2009. Beth spends her days as a Vice President at URS Corporation and is President Elect of Cincinnati Real Estate Women (CREW). We are thrilled to have Beth on board this year!

Amy Wade currently attends Fernside with her children, Lily and Brice, following the death of their Dad, Bradley, from Myelodysplastic Syndrome in 2011. When Amy heard that her company ViroPharma had a foundation, she put together a proposal convincing her company to make a $5,000 donation to Fernside!

Fernside alum and former volunteer Karli Kreindler Sherwinter attended Fernside after her father, Thomas Kreindler died from colon cancer in 1987. Now, 26 years later she sits on the seed council of 18 Pomegranates, a private foundation that supports innovative ideas and programs which is located in Boulder, Colorado where Karli lives. After Karli’s presentation, the Foundation made a $5,000 donation to Fernside! “Rachel (Fernside founder) was always joking about how I spoke for my brother, Justin, during all the meetings and she wouldn’t have known how talkative he was if she hadn’t engaged him in conversation when I wasn’t around.” – Karli Kreindler Sherwinter

High school teens across our community participate each year in the Magnified Giving program where teams of students donate to local non-profits. Fernside Alum Dylan Hamblin, a student at the School for Creative & Performing Arts shared his first-hand experience of how participating in our program helped him after the death of his father, Ron, from Cystic Fibrosis in 2008. Fernside was awarded $1,000!

“As a past participant, my children and I learned firsthand the power of Fernside. By becoming involved with the Summertime Classic, and now as the Chairwoman, I can give back to the organization that provided, and continues to provide, support to my family.”

—Beth Myers Graham

With a little planning now, you can help ensure the future of Fernside. For more information on planned gifts, contact Mary Fischer at 513-865-1624 or mary_fischer@trihealth.com.
Join Us! listen learn... live Speaker Series

Growing Up with Grief – A Day in the Life

Thursday, April 25, 2013
8:30-10:30 AM
8:30am – Registration
8:45am – Program by Fernside Staff
9:45am – Panel Discussion
Come and hear from the real experts! Fernside children and teens share their experience following the death of a parent, sibling or grandparent.

For helping professionals – CEUs available
Call Fernside to register.

The Blessing of a Broken Heart, An evening with Sherri Mandell

Monday, May 6, 2013
6:30-8:00 PM
6:30 – Presentation
7:45 – Q&A & Book Signing
After experiencing the death of her 13-year old son in Israel in 2001, Sherri dug herself out of her grief and embarked on a journey of self-discovery. In The Blessing of a Broken Heart (the title of her award-winning book), she shares her struggles and triumphs in meeting life’s challenges. Come hear her touching story and gain insight and inspiration.

Space is limited.
Call Fernside to RSVP.